

WORKPLACE BULLYING AND HARASSMENT



STATISTICS



BULLYING AFFECTS 1 IN 4 PEOPLE IN THE WORKPLACE

£19 MILLION

SICK DAYS ARE LOST DUE TO BULLYING PER ANNUM



OF MANAGERS KNOW THAT BULLYING IS OCCURRING IN THEIR WORKPLACE... FEW ADMITTED BEING INVOLVED THOUGH

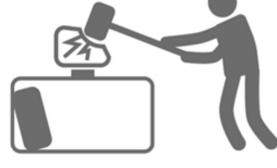
WHAT IS HARASSMENT & BULLYING?



SPREADING MALICIOUS RUMOURS



YELLING OR NAME CALLING



VANDALISING PERSONAL BELONGINGS



REGULARLY UNDERMINING AND IRRITATING SOMEONE



DENYING SOMEONE TRAINING OR PROMOTION OPPORTUNITIES



YOUR EMPLOYER HAS A LEGAL OBLIGATION TO PREVENT BULLYING AND HARASSMENT

YOUR RESPONSIBILITIES



SEE IT,



REPORT IT.

WHAT SHOULD I DO

IF I'M EXPERIENCING WORKPLACE BULLYING OR HARASSMENT?



IT CAN BE **EXTREMELY UPSETTING** TO BE ON THE RECEIVING END OF WHAT YOU PERCEIVE TO BE **HARASSING OR BULLYING BEHAVIOUR**. IF YOU ARE NOT SURE HOW TO TACKLE THIS AWKWARD SUBJECT, THERE ARE A NUMBER OF THINGS YOU CAN DO:

HERE'S WHAT YOU CAN DO:

#1

Consult the bullying and harassment policy

Speak to someone you feel comfortable talking to about your concerns

#2

#3

Resolve the issue informally

Mediation

#4

#5

If informal resolution has not worked, follow a formal complaints procedure

Take legal action

#6



EVERYONE HAS A RIGHT TO RESPECT AND DIGNITY AT WORK